



Friday October 20, 2017

Gluten Free Meal

Lamb Meat Balls

(gf crumbs, onion, garlic, spices, milk, egg, olive oil, salt & pepper)

Chickpeas w/ Onion, Carrot, Sweet Peppers

(garlic, celery, Olive oil, salt and pepper)

Greek Style Green Beans

(tomato, onion, garlic, olive oil, salt & pepper)

Swordfish Kebob

(lemon, sundried tomato, olive oil, salt & pepper)

\$12.95/pound

Hot Entrée

Beef Rouladen (Beef w/ Ham, Mustard & Vegetables)

Pan Toasted German Spaetzle Noodles

Braised Cabbage w/ Bacon

\$12.95/pound

Hot Sandwich

Chicken Parmesan on Ciabatta Bread

\$7.95/each

Soups

Lentil

Seafood Stew

Turkey & Vegetable

New England Clam Chowder

Chicken Avgolemono (Greek Lemon Chicken)

