



Tuesday August 22, 2017

Gluten Free Meal

Keftedes (Greek Style, Grass Fed Lamb Meatballs)

(gf flour, egg, rice, dill, onion, lemon, olive oil, salt & pepper)

Mashed Potatoes

(milk, butter, olive oil, salt & pepper)

Greek Style Green Beans

(garlic, onion, tomato, Olive oil, salt and pepper)

Baked haddock w/ Grilled Vegetables

(gf Italian crumbs, olive oil, salt & pepper)

\$12.95/pound

Hot Entrée

Grilled Salmon w/ Lemon & Dill

Mushroom Barley Pilaf

Sauteed Summer Squash w/ Tomato & Scallion

\$12.95/pound

Hot Sandwich

Swordfish BLT on a Bulkie Roll

\$9.95/each

Soups

Tuscan White Bean

Spicy Shrimp & Corn

Lamb, Rice & Spinach

New England Clam Chowder

Chicken Avgolemono (Greek Lemon Chicken)

